



MGM MMC College of Nursing,
Ring Road, Pathanamthitta

E-BOOKLET ON ANTI-RAGGING MEASURES

SAY **NO** TO RAGGING





NATIONAL RAGGING PREVENTION PROGRAMME

Anti-ragging initiatives in India, such as the Anti-Ragging Code of the University Grants Commission (UGC), aim to prevent and eliminate the practice of ragging, which is a form of bullying and harassment of students by seniors. Ragging is considered a criminal offense and can result in severe punishments, including suspension or dismissal from institutions.

WHAT IS RAGGING?

Ragging involves a range of behaviors that can threaten a student's physical or mental health, including:

- **Physical abuse:** Intimidating, wrongful restraint, or causing bodily harm.
- **Mental abuse:** Exposing a student to ridicule, forcing them to do acts that detract from their dignity, or causing shame or embarrassment.
- **Financial extortion:** Demanding money or forcing a student to spend money.
- **Sexual abuse:** Any form of sexual assault or harassment.

PUNISHABLE INGREDIENTS OF RAGGING

- Abetment to ragging
- Criminal conspiracy to rag
- Unlawful assembly and rioting while ragging
- Public nuisance created during ragging
- Violation of decency and morals through ragging
- Injury to body, causing hurt or grievous hurt
- Wrongful restraint
- Wrongful confinement
- Use of criminal force
- Assault as well as sexual offences or even unnatural offences
- Extortion
- Criminal trespass
- Offences against property
- Criminal intimidation
- Attempts to commit any or all of the above mentioned offences against the victim(s)
- Physical or psychological humiliation





ANTI-RAGGING MEASURES

Higher education institutions in India are mandated to take measures to curb ragging, including:

- **Establishing Anti-Ragging Committees:** These committees often composed of faculty, staff, and students, are responsible for monitoring student interactions and addressing complaints.
- **Anti-Ragging Affidavits:** Students and parents are required to sign affidavits stating they will not engage in or condone ragging.
- **Public Awareness Campaigns:** Institutions often organize awareness programs to educate students about the dangers of ragging and the importance of reporting incidents.
- **Monitoring and Reporting:** Anti-ragging committees monitor student behavior and have mechanisms for reporting ragging incidents.

PUNISHMENTS

Depending on the nature and profundity of the guilt established by the College level Anti-Ragging Committee, those found guilty may be liable to one or more of the following punishments:

- The student will be suspended with immediate effect and suspending privileges acquired in academic sphere.
- The scholarships and other academic benefits will be kept back.
- Disqualifying the student from appearing in any test/ examination
- Withholding results.
- Preventing the accused from representing the institution in any regional or national meet, tournament, youth festival, etc.
- The accused student will be suspended or removed from the hostel with immediate action.
- Admission eligibility of the student will be cancelled.
- Expelling from the institution for periods ranging from one to four semesters.
- Fine of Rs. 25,000/- and Rs. 1 lakh
- Collective punishment: When the persons committing or abetting the crime of ragging are not identified, the institution shall resort to collective punishment.



MEASURES FOR PROHIBITION OF RAGGING AT INSTITUTIONAL LEVEL

- Incorporating the guidelines given by UGC, we re-constituted the anti-ragging committee, squad, and cell for the new academic year.
- Anti-Ragging Squad office bearers work under the supervision and guidance of the Anti-Ragging Committee and engage in checking places like hostels, buses, canteens, grounds, classrooms, and other premises of student congregation to keep a vigil and stop the incidences of ragging, if any.
- Squad members educated the students at large by adopting various means about the menace of ragging and related punishments including penalties like suspension, expulsion, rustication,
- An online undertaking in every academic year has been submitted online affidavit by each student and every parent in compliance with UGC regulations and its amendment regarding the submission of the undertaking in coordination with the secretary.
- Squad members maintained regular interactions and counseling with the students to detect early signs of ragging and identify trouble triggers.
- Anti-ragging institutional helpline numbers are displayed on college and hostel premises. The students in distress due to ragging-related incidents can contact the National Anti-Ragging Helpline at 1800- 180-5522 (24x7 Toll-Free) or e-mail to helpline@antiragging.in.
- For spiritual support, worship, retreat, and prayer timings were arranged and students are encouraged to attend the same.
- We have displayed anti-ragging posters on the notice board and all classrooms mentioning that ragging is prohibited in this institution and anyone found guilty of ragging or abetting ragging, whether actively or passively, or being a part of a conspiracy to promote ragging is liable to be punished under these regulations as well as under the provision of any penal law for the being in force.
- We have provided all information to the local Police and the local authorities regarding our hostel locations.



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Ring Road, Pathanamthitta

ANTIRAGGING COMMITTEE MEMBERS

SI NO	NAME	DESIGNATION	MOBILE NO
1.	Prof. Dr. Cinu Abdeesso	Principal	9447777403
2.	Prof. Mary P Koshy	Vice-Principal	9497376766
3.	Mrs. Rani Bhai	Professor	8113919610
4.	Mrs. Sajini James	Associate Professor	9645370319
5.	Ms. Mahima Mary Punnen	Associate Professor	9447364185
6.	Mrs. Riby Annie Varghese	Associate Professor	9747249261
7.	Mrs. Rakhi R Nair	Assistant Professor	9446441363
8.	Mrs. Gayathri R	Lecturer	8113910818
9.	Mrs. Sunu Philip	Librarian	9645685784
10.	Mrs. Shiny Koshy	Warden	9544378999
11.	Mr. Ninan Thomas	Parent	9946981788
12.	Mrs. Shalima Binod	Parent	9207647293
13.	Mr. Raisin Reji	II Sem BSc	8848272635
13.	Mr. Alwin Samuel	IV Sem BSc	8547857883
14.	Ms. Mariya Joshy	VI Sem B.Sc	9747422230
15.	Ms. Jerrita Kurian	VII Sem B.Sc	8113803750





ANTI-RAGGING SQUAD MEMBERS

SL NO	NAME	DESIGNATION	MOBILE NUMBER
1.	Prof. Dr. Cinu Abdeesso	Principal	9447777403
2.	Prof. Mary P Koshy	Vice-Principal	9497376766
3.	Mrs. Rani Bhai	Professor	8113919610
4.	Mrs. Sajini James	Associate Professor	9645370319
5.	Adv. Sabu Thomas	Advocate & Notary	9451560601
6.	Mr. Arun Kumar R V	Inspector SHO	04682222636
7.	Ms.Aleena Maria Augustine	Reporter	8281747536
8.	Mrs. Shiny Koshy	Warden	9544378999

ANTIRAGGING CELL & MONITORING MEMBERS

SI NO	NAME	DESIGNATION	MOBILE NO
1.	Prof. Dr. Cinu Abdeesso	Principal	9447777403
2.	Prof. Mary P Koshy	Vice-Principal	9497376766
3.	Mrs. Rani Bhai	Professor	8113919610
4.	Mrs. Sajini James	Associate Professor	9645370319
5.	Mrs. Shiny Koshy	Warden	9544378999



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Help me !!!!!!!



Immediately Call
UGC Anti-
Ragging Helpline
1800-180-5522
(24x7 Toll Free)



ANTI-RAGGING
HELPLINE

Email:
helpline@antiragging.in

Website:
www.antiragging.in

JOIN HANDS TO MAKE OUR CAMPUS

RAGGING FREE



ANTIRAGGING AFFIDAVIT BY THE STUDENT

1. I,..... s/o- d/o Mr./Mrs./Ms. having been admitted to ..., have received a copy of the UGC regulations on Curbing the menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the "Regulations") carefully read and fully understood the provisions contained in the said Regulations.
2. I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
3. I have also, in particular, perused clause 7 and clause 9.1 of the Regulation and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
4. I hereby solemnly aver and undertake that:- a) I will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations. b) I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.
5. I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.
6. I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

DECLARED ON -----

Signature of Deponent -----

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at ----- on -----

Signature of Deponent -----



ANTIRAGGING UNDERTAKING BY PARENT/GUARDIAN

1. I, Mr./Mrs./Ms. Father/ been admitted to Mother/ Guardian of having have received a copy of the UGC regulations on Curbing the menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the "Regulations") carefully read and fully understood the provisions contained in the said Regulations
2. I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
3. I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
4. I hereby solemnly aver and undertake that:- My ward will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations. My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.
5. I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.
6. I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission my ward is liable to be cancelled.

DECLARED ON -----

Signature of Deponent -----

Address:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at ----- On -----

Signature of Deponent -----



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Click the link to read UGC Regulations on Curbing the Menace of Ragging in
Higher Educational Institutions, 2009 Pdf

<https://www.ugc.gov.in/oldpdf/ragging/minuterag230409.pdf>

